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READINGS, HEALINGS & RETREATS WITH TEYA

Psychic Medium, trained therapist & soul coach, Shamanic healer.

PALO SANTO

WHAT IS PALO SANTO?

Palo Santo is a mystical tree that grows on the coast of South America and is related to Frankincense, Myrrh and Copal. In Spanish, the name literally means "Holy Wood"

HEALING BENEFITS

Palo Santo is traditionally used for relieving common colds, flu symptoms, stress, asthma, headaches, anxiety, depression, inflammation, emotional pain and more... The oil can also be used during massage work to seal intentions while calling in Spirit Allies for support and protection.

CEREMONIAL BENEFITS

Palo Santo is burned in ceremonies by Shamans and Medicine people for its energetically cleansing and healing properties similar to Sage. It has been popularized and cherished by many because of its heavenly presence in Ayahuasca circles. It creates a pleasant, fresh smelling smoke with hints of mint and citrus that work well in keeping away mosquitoes and other flying insects. It provides an uplifting scent that raises your vibration in preparation for meditation and allows for a deeper connection to Source. It is also said that Palo Santo enhances creativity and brings good fortune to those who are open to its Magic. It is incredibly grounding, soothing, protective and purifying on all levels~ particularly great for cleansing spaces!

PRICE

It is wrapped in +- 56g-100g bundles at around \$190HK- \$285 per piece. Costing is comparable per gram to that of White Sage in HK at \$3.50 per gram. **Stocks are limited, so please let me know shortly if you would like any questions answered, or if you would like me to reserve a bundle for you.**